


























Menu Items Allergen Information

Menu item	Allergens																									
THE GREEK SALAD BOWL	Milk, Mustard, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten) May contain Soybeans	✓								✓	✓					✓	✓									
THE ITALIAN	Milk, Sulphur dioxide and sulphites, Wheat (gluten) May contain Almonds (nuts), Brazils (nuts), Cashew s (nuts), Hazelnuts (nuts), Macadamias/Queensland (nuts), Peanuts, Pecans (nuts), Pistachios (nuts), Sesame seeds, Walnuts (nuts)	✓								✓							✓									
TIFFIN	Milk, Soybeans, Wheat (gluten) May contain Almonds (nuts), Barley (gluten), Brazils (nuts), Cashew s (nuts), Hazelnuts (nuts), Macadamias/Queensland (nuts), Milk, Oats (gluten), Peanuts, Pecans (nuts), Pistachios (nuts), Rye (gluten), Walnuts (nuts), Wheat (gluten)	✓								✓						✓										
TUNA MAYO SALAD BOWL	Eggs, Fish, Mustard, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten) May contain Soybeans	✓					✓	✓			✓					✓	✓									
TUSCAN CHICKEN- BLUE CHEESE	Eggs, Milk, Mustard, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten) May contain Almonds (nuts), Brazils (nuts), Cashew s (nuts), Eggs, Hazelnuts (nuts), Macadamias/Queensland (nuts), Milk, Peanuts, Pecans (nuts), Pistachios (nuts), Sesame seeds, Soybeans, Walnuts (nuts), Wheat (gluten)	✓						✓	✓		✓					✓	✓									
TUSCAN CHICKEN- CHEDDAR CHEESE	Eggs, Milk, Mustard, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten) May contain Almonds (nuts), Brazils (nuts), Cashew s (nuts), Eggs, Hazelnuts (nuts), Macadamias/Queensland (nuts), Milk, Peanuts, Pecans (nuts), Pistachios (nuts), Sesame seeds, Soybeans, Walnuts (nuts), Wheat (gluten)	✓						✓	✓		✓					✓	✓									
TUSCAN CHICKEN- SWISS CHEESE	Eggs, Milk, Mustard, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten) May contain Almonds (nuts), Brazils (nuts), Cashew s (nuts), Eggs, Hazelnuts (nuts), Macadamias/Queensland (nuts), Milk, Peanuts, Pecans (nuts), Pistachios (nuts), Sesame seeds, Soybeans, Walnuts (nuts), Wheat (gluten)	✓						✓	✓		✓					✓	✓									
TUSCAN TUNA	Fish, Milk, Mustard, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten) May contain Almonds (nuts), Brazils (nuts), Cashew s (nuts), Hazelnuts (nuts), Macadamias/Queensland (nuts), Peanuts, Pecans (nuts), Pistachios (nuts), Sesame seeds, Soybeans, Walnuts (nuts)	✓					✓	✓		✓						✓	✓									